



1198 NEW HWY 52 • WESTMORELAND, TN 37186 • 615-644-2291
STORE HOURS: MONDAY - SUNDAY: 7 a.m. - 9 p.m.

Check Us Out on the Web At:
www.mikesfoodland.com



PRICES EFFECTIVE:
Wednesday-Tuesday,
Nov. 30-Dec. 6, 2022



730 LAFAYETTE ROAD • RED BOILING SPRINGS, TN 37150 • 615-699-2615
STORE HOURS: MONDAY - SUNDAY: 7 a.m. - 8 p.m.

GAMEDAY PICKS

T-BONE STEAK
Beef
Family Pack
\$5.99 Lb.

PREFERRED ANGUS

GROUND CHUCK
Fresh 80% Lean
Family Pack
\$3.29 Lb.

SIRLOIN TIP ROAST
Beef
\$4.49 Lb.

PREFERRED ANGUS

RED OR GOLD POTATOES
U.S. #1 Idaho
5 Lb. Bag
\$2.99 Ea.

IDAHO
Green Giant

RED OR GOLD POTATOES
U.S. #1 Idaho
5 Lb. Bag
\$2.99 Ea.

OCEAN BONNIE JUMBO REDS
2 Lb. 21/25 Ct.
\$11.99 Ea.

BOSTON BUTT PORK ROAST
Fresh Whole
\$1.49 Lb.

PRAIRIE FRESH

GALA, JONAGOLD OR FUJI APPLES
3 Lb. Bag
Eastern Grown
\$2.99 Ea.



GREEN CABBAGE
Fresh
49¢ Lb.



TOMATOES ON THE VINE
Hothouse Grown
\$1.99 Lb.



CHILI FIXIN'S

FOOD CLUB BEANS OR CHILI BEANS
15 Oz.
Selected Varieties
3 for \$2

FOOD CLUB CHILI SEASONING MIX
1 Oz. Original or Mild
3 for \$1

FOOD CLUB SHREDDED CHEESE
2 Lb. Bag
Selected Varieties
\$6.99 Ea.

CRAV'N FLAVOR CORN CHIPS
9 Oz.
Selected Varieties
2 for \$5

LIBBY'S VEGETABLES OR RED GOLD TOMATOES
14-15 Oz.
Selected Varieties
5 for \$5

FOOD CLUB BAKED BEANS
28 Oz.
Selected Varieties
3 for \$5

LUCK'S PEAS OR BEANS
15 Oz.
Selected Varieties
69¢

SHAWNEE BEST FLOUR
5 Lb. Bag
Self-Rising
2 for \$5

MARTHA WHITE CORN MEAL
5 Lb.
Selected Varieties
2 for \$6

NESTLE COFFEE MATE
32 Oz.
Selected Varieties
\$3.99

MAXWELL HOUSE COFFEE
30.65 Oz.
Wake Up Roast
\$6.99

NIAGARA DRINKING WATER
24 Pk.
16.9 Oz. Bottles
3 for \$10

CHARMIN OR BOUNTY ESSENTIALS
6 Mega Rolls Bath Tissue or 6 Big Rolls Paper Towels
2 for \$11

• DELI • BAKERY • ATM • LOTTERY • STAMPS • COPIES/FAX • PHARMACY • Store Hours: 7 Days A Week 7:00 am - 9:00 pm

Quality Meat

WOODLAND



EYE OF ROUND ROAST
Choice
\$4.99 Lb.



PORK SPARE RIBS
2 Piece
Previously Frozen
\$1.99 Lb.



KENTUCKY LEGEND SMOKED PORK CHOPS
1 Lb. Pkg. Center Cut
\$5.99 Ea.



WILLIAMS SLICED BACON
40 Oz. Hickory Smoked
\$10.99 Ea.



KUNTRY BOY COUNTRY SAUSAGE PATTIES
2.25 Lb. Box Mild
\$6.99 Ea.



BONELESS SKINLESS CHICKEN BREAST
Frozen
2.25 Lb. Avg.
\$1.99 Lb.



HORMEL BLACK LABEL BACON
1 Lb. Regular or Thick
\$4.49 Ea.



FIELD FRANKS
16 Oz. Dinner or Plump & Juicy Classic
2 for \$3



CLIFTY FARM COUNTRY HAM
Whole
\$2.99 Lb.

SLICED FREE



CATFISH NUGGETS
15 Lb. Box Twin Oaks Farms
(Lesser Quantity Sold At \$1.69 Lb.)
\$13.99 Ea.



RESER'S MAIN ST BISTRO SIDES
20 Oz. Selected Varieties
\$3.99 Ea.

BUTCHER SHOP



SIRLOIN TIP STEAK
Family Pack
\$4.99 Lb.



PRAIRIE FRESH PORK STEAKS
Family Pack
\$2.19 Lb.

SEAFOOD



SALMON FILLETS
12 Oz. Great American
\$3.99 Ea.



TYSON CHICKEN WINGS
2.5 Lb. Bag IQF
\$5.99 Ea.



PRAIRIE FRESH PORK TENDERLOINS
18.4 Oz. Marinated Selected Varieties
(27.2 Oz. Prairie Fresh Marinated Pork Filets \$7.99 ea.)
\$6.99 Ea.

Fresh Produce



ZUCCHINI OR YELLOW SQUASH
Great in Casseroles
\$1.49 Lb.



SWEET ONIONS
Peru
3 Lb. Bag
\$3.49 Ea.



HASS AVOCADOS
Del Monte
99¢ Ea.



FRESH BLUEBERRIES
Pint Antioxidant Rich
\$2.99 Ea.



SWEET PEPPERS
Red, Yellow or Orange
Great for Stir Fry
2 for \$3



CALIFORNIA NAVEL ORANGES
4 Lb. Bag Seedless
Great Source of Vitamin C
\$4.99 Ea.



FRESH ASPARAGUS
Great Grilled or Steamed
\$2.99 Lb.



TROPICAL MANGOS
Sweet
99¢ Ea.



KLONDIKE POTATOES
1 Lb. Bag Rose or Gold Microwaveable
2 for \$5



SWEET PEPPERS
Red, Yellow or Orange
Great for Stir Fry
2 for \$3



CALIFORNIA NAVEL ORANGES
4 Lb. Bag Seedless
Great Source of Vitamin C
\$4.99 Ea.



FRESH ASPARAGUS
Great Grilled or Steamed
\$2.99 Lb.

Mike's Has a Large Selection of Fruit Baskets, Fresh Cut Fruit Trays, Fresh Cut Vegetable Trays, Nuts of All Kinds, Fresh Old Fashioned Christmas Candies...Everything You Need For An "Old Fashioned" Christmas Holiday Celebration.

Deli Specials



Bakery Specials

* DELI *

CHICKEN TENDERS
Fresh Fried Regular or Spicy
\$5.99 LB.

BENSON CAKES
28 Oz. Strawberry or Vanilla
\$7.99 EA.

EVERY TUESDAY! BOAR'S HEAD!

TURKEY, CHICKEN, HAM & CHEESE
Excludes Roast Beef, Pastrami & London Broil
\$7.99 LB.

"TUESDAY ONLY" at Westmoreland Location Only

BAKERY

Frozen Specials

BANQUET DINNERS OR POT PIES
7-11 Oz.
Selected Varieties
2 for \$3

PEPPERIDGE FARM GARLIC BREAD
11-12 Oz. 5 Cheese or Mozzarella or 9 Oz. 5 Cheese Texas Toast
2 for \$7

FOOD CLUB GARLIC BREAD OR TOAST
10-16 Oz.
Selected Varieties
2 for \$4

JIMMY DEAN DELIGHTS
4-6 Ct.
Selected Varieties
\$5.99

TOTINO'S PIZZA ROLLS
100 Ct. Pepperoni or Combination
\$8.99

THAT'S SMART! PIZZA
5 Oz. Selected Varieties
5 for \$5

Dairy Specials

FOOD CLUB LACTOSE FREE MILK
Half Gallon
Selected Varieties
\$3.99

CRAV'N FLAVOR EDIBLE COOKIE DOUGH
14.5-15 Oz. Cake Batter or Chocolate Chip
\$3.99

FOOD CLUB YOGURT
6 Oz.
Selected Varieties
2 for \$1

THAT'S SMART! SPREAD
45 Oz. Tub
\$3.49

FOOD CLUB DAIRY WHIPPED TOPPING
13 Oz. Aerosol
Extra Creamy
\$3.99

FOOD CLUB ORANGE JUICE
Gallon
2 for \$7

NESTLE COFFEE MATE
32 Oz.
Selected Varieties
\$3.99

FOOD CLUB SLICED CHEESE
8 Oz. Deli Style
Selected Varieties
2 for \$5

Family Favorites

CHEETOS OR FRITOS
7-9.25 Oz.
Selected Varieties
2 for \$8

UNCLE RAY'S POTATO CHIPS
4-4.5 Oz.
Selected Varieties
4 for \$5

PEPSI PRODUCTS
6 Pk.
.5 Liter Bottles

LITTLE DEBBIE BIG PACKS
16.92-31.78 Oz. Box
Selected Varieties
2 for \$7

FRITO LAY DORITOS
6-10.5 Oz.
Selected Varieties
2 for \$7

3 for \$10

CRAV'N FLAVOR SALTINE CRACKERS
16 Oz. Selected Varieties
2 for \$4

SOUTHGATE CHILI WITH BEANS
15 Oz. **4 for \$5**

THAT'S SMART! INSTANT OATMEAL
6 Ct. Variety Pack or Maple & Brown Sugar
\$1.99

FOOD CLUB PICKLES
16 Oz. Selected Varieties
\$2.29

TOWN HOUSE CRACKERS
9-13.8 Oz. Selected Varieties
2 for \$7

THAT'S SMART! live shop save smart
16 Oz. Creamy or Crunchy **THAT'S SMART! PEANUT BUTTER** **\$1.69**

5 Oz. Stuffed **THAT'S SMART! OLIVES** **2 for \$3**

18 Oz. Original or Honey **THAT'S SMART! BARBEQUE SAUCE** **\$1.29**

FOOD CLUB PORK & BEANS
15 Oz. **5 for \$4**

KEEBLER COOKIES OR MURRAY SUGAR FREE COOKIES
8-12 Oz. Selected Varieties
2 for \$7

16 Oz. Selected Varieties **THAT'S SMART! SALAD DRESSING** **3 for \$5**

6 Ct. Instant **THAT'S SMART! HOT COCOA MIX** **99¢**

4 Oz. Au gratin or Scalloped **THAT'S SMART! POTATOES** **99¢**

FOOD CLUB MACARONI & CHEESE DINNER
5-7.25 Oz. Selected Varieties
4 for \$3

NABISCO OREO COOKIES
13-20 Oz. Family Size! Selected Varieties
\$4.49

10 Ct., 3.9 Oz. **THAT'S SMART! TACO SHELLS** **\$1.99**

24 Oz. Can Selected Varieties **THAT'S SMART! PASTA SAUCE** **4 for \$5**

32 Oz. Buttermilk Complete **THAT'S SMART! PANCAKE MIX** **2 for \$4**

FOOD CLUB PINTO BEANS
1 Lb. Bag Dried **99¢**

SMUCKER'S JAM, JELLY OR PRESERVES
12 Oz. Selected Varieties
\$2.89

FOOD CLUB LONG GRAIN RICE
3 Lb. Bag White **\$1.99**

CRAV'N FLAVOR COOKIES
11-16 Oz. Selected Varieties **2 for \$5**

FOOD CLUB APPLESAUCE
48 Oz. Original or 46 Oz. Unsweetened **2 for \$6**

CRAV'N FLAVOR POTATO CHIPS
7-8 Oz. Selected Varieties **2 for \$4**

SOUTHGATE BEEF STEW
20 Oz. **\$1.99**

FOOD CLUB CANDY
4-9 Oz. Selected Varieties
4 for \$5

FOOD CLUB PASTA
15 Oz. Selected Varieties **4 for \$5**

MAHATMA ENRICHED RICE
2 Lb. Extra Long Grain or WATER MAID Medium Grain **2 for \$5**

LUCK'S CHICKEN & DUMPLINGS
15 Oz. **2 for \$3**

MARS CANDY
King Size Singles or Share Size Selected Varieties **3 for \$5**

FOOD CLUB MARSHMALLOWS
10 Oz. Regular or Mini **5 for \$5**

PILLSBURY SUGAR FREE FROSTING OR CAKE MIX
15-16 Oz. Selected Varieties **2 for \$6**

HEFTY FREEZER OR STORAGE BAGS
10-20 Ct. Quart or Gallon Size **2 for \$5**

PUFFS FACIAL TISSUE
3 Box Family Size Selected Varieties **\$5.99**

GERBER TODDLER OR 2ND FOODS
3 Oz. Squeeze Selected Varieties **2 for \$3**

CHARKING FIRELOGS
2-Hour Burn **2 for \$5**

AJAX DISH DETERGENT
28 Oz. Selected Varieties **2 for \$5**

MICROBAN 24 HOUR CLEANER
32 Oz. Multi-Purpose or Bathroom Selected Varieties **2 for \$7**

TIDE LAUNDRY DETERGENT
25-42 Ct. Pods or 92 Oz. Liquid or DOWNY 164 Oz. Liquid or 20.1 Oz. Unstoppables Selected Varieties **\$12.99**

FEBREZE AIR FRESHENER
8-9 Oz. Selected Varieties **2 for \$6**

NUNN BETTER CAT FOOD
13 Lb. Bag Ocean Plenty or Farm Fixins **\$9.99**