



1198 NEW HWY 52 • WESTMORELAND, TN 37186 • 615-644-2291
STORE HOURS: MONDAY - SUNDAY: 7 a.m. - 9 p.m.

Check Us Out on the Web At:
www.mikesfoodland.com



PRICES EFFECTIVE:
WEDNESDAY-TUESDAY,
MAY 7-MAY 13, 2025



730 LAFAYETTE ROAD • RED BOILING SPRINGS, TN 37150 • 615-699-2615
STORE HOURS: MONDAY - SUNDAY: 7 a.m. - 8 p.m.



CHICKEN BREAST
Fresh Boneless
\$3⁹⁹
Lb.



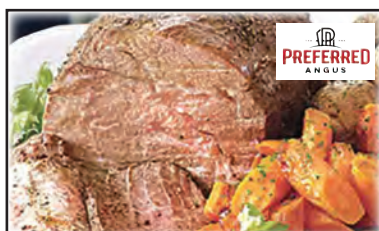
GROUND ROUND
Fresh 85% Lean Family Pack
\$5²⁹
Lb.



ASSORTED PORK CHOPS
Fresh Bone-In Family Pack
\$1⁷⁹
Lb.



RAW SHRIMP
1 Lb., 21/25 Ct.
Peeled & Deveined
\$6⁹⁹
Ea.



SIRLOIN TIP ROAST
Beef
(Family Pk. Sirloin Tip Steak \$6.49 Lb.)
\$5⁹⁹
Lb.



SEEDLESS WATERMELONS
Fresh Florida

\$5⁹⁹
Ea.

SWEET STRAWBERRIES
1 Lb.
California Grown

\$2⁹⁹
Ea.



YELLOW ONIONS
3 Lb. Bag
Good for Cooking

\$1⁴⁹
Ea.

SLICING TOMATOES
Large Ripe

99¢
Lb.



Mother's Day

FROZEN FAVORITES



DUNCAN HINES BROWNIE OR CLASSIC CAKE MIX
15-18.3 Oz. or 14-16.5 Oz. Frosting
Selected Varieties

2 \$3
for



RAGU PASTA SAUCE
16-24 Oz.
Selected Varieties

2 \$4
for



PEPSI PRODUCTS
24 Pk. Cans

\$8⁹⁹



PURE LIFE WATER
24 Pk. 16.9 Oz. Bottles
or 24 Pk. 8 Oz. Bottles

3 \$12
for



FOOD CLUB TOMATOES OR VEGETABLES
11-15 Oz.
Selected Varieties

5 \$5
for



BANQUET POT PIES
7 Oz. Original or Breakfast
Selected Varieties

5 \$5
for

• DELI • BAKERY • POSTAGE STAMPS • COPIES/FAX •

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MIKE'S Foodland #196 • MIKE'S FoodValu #195 Page 1

Quality Meat

FOODLAND

PREFERRED
ANGUS



BONELESS RIBEYE STEAKS
Family Pack
\$13.99 Lb.

DRUMSTICKS OR THIGHS
Fresh Chicken Family Pack
\$1.59 Lb.



CHICKEN BREAST TENDERS
Previously Frozen
\$2.79 Lb.



Bryan
SWEET HICKORY SMOKED BACON



BRYAN BACON
12 Oz. Regular or Thick
2 for \$7

ECKRICH FRANKS
12 Oz. Original
3 for \$5



PREFERRED
ANGUS



WHOLE TENDERLOIN FILET
Beef
(Tenderloin Steaks \$18.99 Lb.)
\$16.99 Lb.

CENTER CUT PORK CHOPS
Fresh Bone-In Family Pack
\$2.19 Lb.



CHICKEN NUGGETS
3 Lb. Restaurant Quality
\$6.59 Ea.



CAROLINA PRIDE SMOKED SAUSAGE
14 Oz. Pkg. Regular or Polska Kielbasa or Cocktail Smokies
\$2.99 Ea.



SMITHFIELD BREAKFAST SAUSAGE
12 Oz. Links or Patties
\$3.29 Ea.



Bryan
HONEY HAM



BRYAN HAM OR TURKEY
10 Oz. 4X6 Pkg. Selected Varieties
\$2.69 Ea.

OSCAR MAYER BEEF FRANKS
15 Oz. Classic or Bun Length
\$4.29 Ea.



APPLE
SMOKED SAUSAGE



LIL BUTCHER SHOPPE SMOKED SAUSAGE
14 Oz. Selected Varieties
\$4.49 Ea.

ON-COR



ON-COR ENTREES
26-28 Oz. Selected Varieties
\$3.99 Ea.

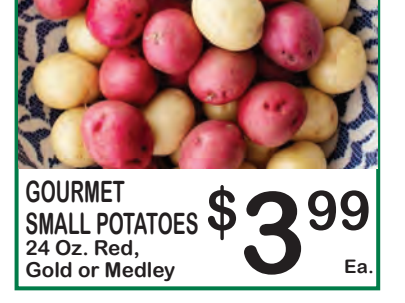
PICK 5 MEAT SALE EVERYDAY!!

MIX OR MATCH ANY 5 SPECIALLY MARKED ITEMS FOR ONLY \$24.99

BUTCHER SHOP & SEAFOOD SPECIALS

PREFERRED ANGUS  TENDERLOIN STEAKS Beef \$18.99 Lb.	PREFERRED ANGUS  SIRLOIN TIP STEAK Family Pack \$6.49 Lb.	 COOKED SHRIMP 2 Lb., 51/60 Ct. \$13.99 Ea.	 SALMON FILLETS 2 Lb. \$10.99 Ea.	 TILAPIA FILLETS 3 Lb. \$13.99 Ea.
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Fresh Produce

 BAKING POTATOES U.S. #1 59¢ Lb.	 FRESH LEMONS 1 Lb. Bag Good for Drinks 2 for \$5	 GOURMET SMALL POTATOES 24 Oz. Red, Gold or Medley \$3.99 Ea.
 WICK'S STRAWBERRY PIE GLAZE 16 Oz. Regular or Sugar Free 2 for \$3	 WILLY'S FRESH SALSA 16 Oz. Selected Varieties \$3.99 Ea.	



DOLE COLESLAW
Quick & Easy - 14 Oz. Classic or Diced Southern Slaw
\$1.99 Ea.

 TROPICAL MANGOS Sweet 99¢ Ea.	 CALIFORNIA NAVELS 4 Lb. Bag Sweet, Seedless \$4.99 Ea.	 SLICED MUSHROOMS 8 Oz. White 2 for \$4
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Our Fruits & Vegetables are always fresh, whether it's grown locally or across the world. We give you quality & variety you deserve every day.

Deli Specials

FOODLAND

Bakery Specials

ANY CHICKEN, TURKEY
OR HAM DELI MEATS
London Broil & Roast Beef Not Included in Sale
\$7⁹⁹ LB.
Boar's Head
Every Thursday Is
Boar's Head Day.
WESTMORELAND & LEBANON ONLY

ORIGINAL
BAKED HAM
KENTUCKIAN GOLD
\$6⁹⁹ LB.
Kentuckian Gold
Premium Deli

BROWN
SUGAR HAM
KENTUCKIAN GOLD
\$6⁹⁹ LB.

KENNY'S
KEY LIME PIE
9 Inch 24 Oz.
\$10⁹⁹ EA.

AMERICAN
POTATO SALAD
Deli Fresh
\$2⁴⁹ LB.

WATERGATE
SALAD
Deli Fresh
\$5⁹⁹ LB.

MAMA TURNEY'S
CHESS PIE
or Chocolate or Pecan 8"
\$10⁹⁹ EA.

CAFE VALLEY
CAKES
26 Oz. Orange Crush, 7 Up or Louisiana Crunch
\$7⁴⁹ EA.

MAYFIELD SELECT
ICE CREAM
1.5 Quart
Assorted Varieties
\$3⁹⁹

TOTINO'S
PIZZA ROLLS
100 Ct. Pepperoni
or Combination
\$9⁹⁹

Frozen Specials

EGGO
WAFFLES
10 Ct., 10-12.3 Oz. Selected
Varieties or 12 Ct. Pancakes
2 for \$6

PICTSWEET
VEGETABLES
10-14 Oz.
Selected Varieties
2 for \$4

JIMMY DEAN PANCAKES
& SAUSAGE ON A STICK
30 Oz., 12 Ct.
Original or Blueberry
\$8⁴⁹

HOME BAKE
SIDE DISHES
15-22 Oz.
Selected Varieties
\$4⁹⁹

HOME BAKE
MAIN DISHES
19-22 Oz.
Selected Varieties
\$9⁹⁹

OUTSHINE
FRUIT BARS
6-12 Ct.
Selected Varieties
\$3⁹⁹

Dairy Specials

FOOD CLUB
CHEESE
32 Oz. Chunk or Shredded
Selected Varieties
\$6⁹⁹

FOOD CLUB
CINNAMON ROLLS
8 Ct. Original Icing or
Cream Cheese Icing
2 for \$5

FOOD CLUB
SPREAD
45 Oz.
\$3⁴⁹

ALMOND BREEZE
ALMOND MILK
59-64 Oz. Blue Diamond
Selected Varieties
2 for \$7

DAISY SOUR CREAM
OR COTTAGE CHEESE
24 Oz. Original
or 4% or 2%
2 for \$7

I CAN'T BELIEVE
IT'S NOT BUTTER!
8-16 Oz. Selected Varieties or
15 Oz. Brummel & Brown Spread
\$3⁹⁹

BORDEN
CHEESE
10.67-12 Oz. Singles or
5-8 Oz. Selected Varieties
2 for \$5

FOOD CLUB
YOGURT
6 Oz.
Selected Varieties
5 for \$3

Family Favorites

DORITOS
OR RUFFITOS
6-10.5 Oz.
Selected Varieties
2 for \$8

LEWIS BAKE
SHOP BUNS
8 Ct. Hamburger
or Hot Dog
2 for \$5

ENTENMANN'S
BAG DONUTS
10-10.5 Oz.
Selected Varieties
\$2⁹⁹

THOMAS'
BAGELS
20 Oz.
Selected Varieties
2 for \$6

ENTENMANN'S LITTLE
BITES VALUE PACK
10 Pk.
Selected Varieties
\$6⁹⁹

BLUE BELL ICE CREAM
OR ICE CREAM CUPS
Half Gallon Brown or Gold Rim or NSA
or 12 Pk. Selected Varieties
\$5⁹⁹

LITTLE DEBBIE SINGLE
SERVE SNACKS
2-4.40 Oz.
Selected Varieties
3 for \$5

LITTLE DEBBIE
MINI MUFFINS
8-27-8.44 Oz. Box
Selected Varieties
2 for \$5

POWERADE
SPORTS DRINK
28 Oz. Selected Varieties
5 for \$5

WESTMORELAND &
RED BOILING SPRINGS
LOCATION ONLY
COCA-COLA
PRODUCTS
6 Pk. 1/2 Liter Bottles
2 for \$10⁹⁹

WESTMORELAND &
RED BOILING SPRINGS
LOCATION ONLY
MICHELOB
ULTRA
12 Pk. 12 Oz. Cans
\$15⁷⁹

COCA-COLA
PRODUCTS
2 Liter Bottles
2 for \$5
WESTMORELAND &
RED BOILING SPRINGS
LOCATION ONLY

COORS OR
COORS LIGHT
12 Pk. 12 Oz. Cans
\$14⁶⁹
WESTMORELAND &
RED BOILING SPRINGS
LOCATION ONLY

MONSTER
ENERGY DRINK
6 Pk. 12 Oz. Cans
\$10⁹⁹

WESTMORELAND &
RED BOILING SPRINGS
LOCATION ONLY
YUENGLING
LAGER
6 Pk. 12 Oz. Bottles
\$7⁴⁹

FOOD CLUB
PEANUT BUTTER
16 Oz.
Selected Varieties

2 for \$4



POST MEGA
SIZE CEREAL
28 Oz. Honey Bunches of Oats Original or
w/Almonds or 27 Oz. Fruity or Cocoa Pebbles

2 for \$10

FOOD CLUB
TOASTER PASTRIES
6 Ct., 10 Oz.
Selected Varieties

2 for \$3



KELLOGG'S
NUTRI GRAIN BARS
8 Ct.
Selected Varieties

2 for \$7



WISH-BONE
SALAD DRESSING
15 Oz.
Selected Varieties

2 for \$5



BLACKBURN'S OR
FOOD CLUB JELLY
18 Oz. Mug Apple or Grape or
18-20 Oz. or Spread Selected Varieties

2 for \$4



HOSTESS
SNACK CAKES
9-13 Oz.
Selected Varieties

2 for \$5



BETTY CROCKER
FRUIT SNACKS
4-8 Oz.
Selected Varieties

2 for \$5



HEINZ
KETCHUP
32 Oz.
EZ Squeeze

\$3.99



GENERAL MILLS
LARGE SIZE CEREAL
14 Oz. Lucky Charms, 15 Oz. Honey Nut Cheerios,
16 Oz. Reese's Puffs or Cinnamon Toast Crunch
or 12 Oz. Original Cheerios

2 for \$7



CRAV'N FLAVOR
COOKIES
11-16 Oz.
Selected Varieties

2 for \$5



OREO
COOKIES
9-14 Oz. Nabisco
Selected Varieties

\$3.99



KRAFT SALAD
DRESSING
8 Oz.
Selected Varieties

2 for \$4



JELL-O GELATIN
OR PUDDING MIX
4-6 Oz. Family Size Selected Varieties or
1.5-2.1 Oz. Sugar Free Vanilla or Chocolate Pudding Mix

3 for \$5



FOOD CLUB
MUFFIN MIX
7 Oz. Wildberry, Blueberry or Strawberry
or Fruit Crisp or Cobbler Mix

5 for \$5



MINUTE
RICE
14 Oz. White
or Premium

2 for \$5



MARGARET HOLMES
SEASONED VEGETABLES
14-15 Oz. Selected Varieties
or 13.5-14 Oz. Popeye Spinach

2 for \$3

M&M'S SHARING
SIZE CANDIES
7.4-10 Oz.
Selected Varieties

\$4.99



MARUCHAN RAMEN
NOODLE SOUP
12 Pk. Chicken,
Beef or Shrimp

3 for \$10



KRAFT JALAPEÑO OR
RANCH MAC & CHEESE
7 Oz. Box, 11 Oz. Family Size Original or
2-2.19 Oz. Easy Mac Cup Original or Velveeta Shells & Cheese

2 for \$3



MARGARET HOLMES
GREENS OR BEANS
27 Oz. Seasoned
Selected Varieties

2 for \$5

SENIOR DISCOUNT DAY
WE HAVE LOWERED THE AGE TO 55 & OLDER!!
10% OFF
Off Your Total Purchase
ALL LOCATIONS!
The 1st & 3rd Tuesday Each Month!
EXCLUDES BEER, POSTAGE STAMPS, LOTTERY TICKETS & ALL TOBACCO PRODUCTS

GAIN LAUNDRY
DETERGENT
88 Oz. Liquid or 31 Ct. Flings!
Selected Varieties

\$9.99



CHAMP
DOG FOOD
12 Lb. Bag
Mini Chunk

\$6.99



YOO-HOO
CHOCOLATE DRINK
12 Pk.
11 Oz. Cans

\$6.99



WESSON
COOKING OIL
Gallon Canola
or Vegetable

\$11.99



CHARMIN OR
BOUNTY ESSENTIALS
18 Mega Rolls Bath Tissue or
12 Double Rolls Paper Towels

\$14.99



MR. CLEAN
CLEAN FREAK
16 Oz. Mist
Selected Varieties

\$4.99



CAT CAFÉ
CAT FOOD
11 Lb. Bag
Seafood Essentials



\$7.99



PUFFS
FACIAL TISSUE
4 Cube Boxes, 224 Ct.
Ultra Soft or Plus Lotion

\$4.99

SWIFFER
DUSTERS KIT
1 Ct. Handle With 5 Dusters
or 2 Ct. 360 Starter Kits

\$4.99



PLUM ORGANICS
BABY FOOD
4 Oz., Stage 2
Selected Varieties

\$3.99



2 for \$3



FEBREZE AIR
FRESHENER
2 Pk. Small Spaces or
23 Oz. Spray Selected Varieties

\$4.99

Mother's Day

3 DAY SALE

Mike's FOODLAND Mike's FOODVALU

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STORE HOURS: MONDAY-SUNDAY: 7 a.m. - 9 p.m.

730 LAFAYETTE ROAD • RED BOILING SPRINGS, TN 37150 • 615-499-2615
STORE HOURS: MONDAY-SUNDAY: 7 a.m. - 8 p.m.

FRIDAY- SUNDAY
May 9 - 11, 2025

KING'S BACON
40 Oz.
Hickory Smoked
\$9.99 Ea.



MRS. GRISSOM'S SALAD SPREADS
10-11 Oz.
Selected Varieties
\$2.99 Ea.



SMOKY FARMS SAUSAGE PATTIES
27 Oz., 18 Ct.
2 for \$7



FOOD CLUB 100% APPLE JUICE
96 Oz.
From Concentrate
\$2.99 Ea.



MAYFIELD ICE CREAM
Pint Select or Sherbet
Assorted Varieties
5 for \$10



ORE-IDA CRISPY CRINKLES
5 Lb. Bag or Shredded Hashbrowns or Tater Tots
\$6.99 Ea.



RUSSET POTATOES
5 Lb. Bag
U.S. #1 Colorado



2 for \$3

CALIFORNIA STRAWBERRIES
2 Lb.
Fresh, Sweet



\$4.99 Ea.

WELCH'S GIANT FREEZE POPS
27 Ct. Tropical or Lemonade



2 for \$9

DOMINO SUGAR
4 Lb. Bag



\$2.99 Ea.

HAMBURGER HELPER
VALUE SIZE
8-10 Oz.
Selected Varieties

2 for \$5



THANK YOU FOR SHOPPING WITH US!



POPSICLE ICE POPS OR MAGNUM ICE CREAM BARS
6-18 Ct. Selected Varieties or 3 Ct. Double Caramel

\$3.99 Ea.



Due to a daily fluctuation of product and inventory availability, not all flavors, sizes or quantities may be offered for your selection as advertised.

Mother's Day

3 DAY SALE

Mike's **FOODLAND** Mike's **FOODVALU**

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STORE HOURS: MONDAY-SUNDAY: 7 a.m. - 9 p.m.

730 LAFAYETTE ROAD • RED BOILING SPRINGS, TN 37150 • 615-699-2615
STORE HOURS: MONDAY-SUNDAY: 7 a.m. - 8 p.m.

FRIDAY- SUNDAY
May 9 - 11, 2025

WILLIAMS
SAUSAGE BISCUITS
12 Ct.

\$4²⁹
Ea.



CATFISH
FILLETS
4 Lb.
Random Cut

\$13⁹⁹
Ea.



HONEYCRISP OR
ROCKIT APPLES
2 Lb. Bag
Washington State

\$3⁹⁹
Ea.



TOWN
HOUSE
CRACKERS
8-13 Oz. Kellogg's
Selected Varieties

2 for \$6

Happy Mother's Day



FOOD CLUB
VEGETABLE
OIL
Gallon

\$6⁹⁹
Ea.

Happy Mother's Day



FIORA
BATH TISSUE OR
PAPER TOWELS
12 Double Rolls
or 6 Giant Rolls

\$3⁹⁹
Ea.

Happy Mother's Day

KOOL-AID
JAMMERS
30 Pk.
Variety

\$6⁹⁹
Ea.



KISKO GIANT
FREEZIES
50 Ct.
Assorted

\$6⁹⁹
Ea.



ZESTA
SALTINES
16 Oz.
Original

2 for \$4



FOOD CLUB
SINGLES
12 Oz., 16 Slice American
or American Style

\$1⁸⁸
Ea.



LIBBY'S
VEGETABLES
4 Pk., 15.25 Oz. Cans Cut Green Beans,
Sweet Peas or Whole Kernel Corn

2 for \$7



VELVEETA
CHEESE
2 Lb. Loaf
Original

\$6⁹⁹
Ea.



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1006 N. Cumberland St • Lebanon, TN 37087 • 615-449-8293
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PRICES EFFECTIVE:
WEDNESDAY - TUESDAY,
MAY 7-MAY 13, 2025

Like us on
facebook

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Sanderson Farms

CHICKEN BREAST
Fresh Boneless
\$3.99 Lb.



GROUND ROUND
Fresh 85% Lean Family Pack

\$5.29 Lb.



ASSORTED PORK CHOPS
Fresh Bone-In Family Pack

\$1.79 Lb.



RAW SHRIMP
1 Lb., 21/25 Ct.
Peeled & Deveined
\$6.99 Ea.



SIRLOIN TIP ROAST
Beef
(Family Pk. Sirloin Tip Steak \$6.49 Lb.)
\$5.99 Lb.



SEEDLESS WATERMELONS
Fresh Florida

\$5.99 Ea.

SWEET STRAWBERRIES
1 Lb.
California Grown

\$2.99 Ea.



GIANT BERRY FARMS

YELLOW ONIONS
3 Lb. Bag
Good for Cooking

\$1.49 Ea.

SLICING TOMATOES
Large Ripe

99¢ Lb.

Mother's Day FROZEN FAVORITES



DUNCAN HINES BROWNIE
OR CLASSIC CAKE MIX
15-18.3 Oz. or 14-16.5 Oz. Frosting
Selected Varieties

2 for \$3



RAGU PASTA SAUCE
16-24 Oz.
Selected Varieties

2 for \$4



DR PEPPER PRODUCTS
6 Pk.
1/2 Liter Bottles

2 for \$7.99



PURE LIFE WATER
24 Pk. 16.9 Oz. Bottles
or 24 Pk. 8 Oz. Bottles

3 for \$12



FOOD CLUB TOMATOES
OR VEGETABLES
11-15 Oz.
Selected Varieties

5 for \$5



BANQUET POT PIES
7 Oz. Original or Breakfast
Selected Varieties

5 for \$5

• DELI • BAKERY • POSTAGE STAMPS • COPIES/FAX •

Quality Meat



PREFERRED
ANGUS



BONELESS RIBEYE STEAKS
Family Pack

\$13⁹⁹ Lb.

DRUMSTICKS OR THIGHS
Fresh Chicken Family Pack

\$1⁵⁹ Lb.



CHICKEN BREAST TENDERS
Previously Frozen

\$2⁷⁹ Lb.

Bryan
SWEET HICKORY SMOKED BACON

BRYAN BACON
12 Oz. Regular or Thick

2 for \$7

ECKRICH FRANKS
12 Oz. Original

3 for \$5



PREFERRED
ANGUS



WHOLE TENDERLOIN FILET
Beef
(Tenderloin Steaks \$18.99 Lb.)

\$16⁹⁹ Lb.

CENTER CUT PORK CHOPS
Fresh Bone-In Family Pack

\$2¹⁹ Lb.



CHICKEN NUGGETS
3 Lb. Restaurant Quality

\$6⁵⁹ Ea.

CAROLINA PRIDE SMOKED SAUSAGE
14 Oz. Pkg. Regular or Polska Kielbasa or Cocktail Smokies

\$2⁹⁹ Ea.

SMITHFIELD BREAKFAST SAUSAGE
12 Oz. Links or Patties

\$3²⁹ Ea.

Bryan
HONEY HAM

BRYAN HAM OR TURKEY
10 Oz. 4X6 Pkg. Selected Varieties

\$2⁶⁹ Ea.

OSCAR MAYER BEEF FRANKS
15 Oz. Classic or Bun Length

\$4²⁹ Ea.

APPLE
SMOKED SAUSAGE

LIL BUTCHER SHOPPE SMOKED SAUSAGE
14 Oz. Selected Varieties

\$4⁴⁹ Ea.

ON-COR

ON-COR ENTREES
26-28 Oz. Selected Varieties

\$3⁹⁹ Ea.

PICK 5 MEAT SALE EVERYDAY!!

Mix or Match ANY 5 SPECIALLY MARKED ITEMS FOR ONLY \$24⁹⁹

BUTCHER SHOP & SEAFOOD SPECIALS



RIBEYE STEAKS
Boneless Choice

\$16⁹⁹ Lb.

PREFERRED
ANGUS



TENDERLOIN STEAKS
Beef

\$18⁹⁹ Lb.

PREFERRED
ANGUS



SIRLOIN TIP STEAK
Family Pack

\$6⁴⁹ Lb.



COOKED SHRIMP
2 Lb., 51/60 Ct.

\$13⁹⁹ Ea.



SALMON FILLETS
2 Lb.

\$10⁹⁹ Ea.



TILAPIA FILLETS
3 Lb.

\$13⁹⁹ Ea.

Fresh Produce



BAKING POTATOES
U.S. #1

59¢ Lb.



DOLE COLESLAW
Quick & Easy - 14 Oz. Classic or Diced Southern Slaw

\$1⁹⁹ Ea.

LIMONEIRA



FRESH LEMONS
1 Lb. Bag Good for Drinks

2 for \$5



GOURMET SMALL POTATOES
24 Oz. Red, Gold or Medley

\$3⁹⁹ Ea.



TROPICAL MANGOS
Sweet

99¢ Ea.



CALIFORNIA NAVELS
4 Lb. Bag Sweet, Seedless

\$4⁹⁹ Ea.

PALMBO FOODS



SLICED MUSHROOMS
8 Oz. White

2 for \$4



WICK'S STRAWBERRY PIE GLAZE
16 Oz. Regular or Sugar Free

2 for \$3



WILLY'S FRESH SALSA
16 Oz. Selected Varieties

\$3⁹⁹ Ea.



ORGANIC BABY PEELED CARROTS
1 Lb. Bag

\$2⁴⁹ EA.

ORGANIC PRODUCE



ORGANIC GIRL ROMAINE
7 Oz.

\$4⁴⁹ Ea.

Deli Specials

FOODLAND

Bakery Specials

ANY CHICKEN, TURKEY
OR HAM DELI MEATS
London Broil & Roast Beef Not Included in Sale
\$7⁹⁹ LB.
Boar's Head
Every Thursday Is
Boar's Head Day.
WESTMORELAND & LEBANON ONLY

ORIGINAL
BAKED HAM
KENTUCKIAN GOLD
\$6⁹⁹ LB.
Kentuckian Gold
Premium Deli

BROWN
SUGAR HAM
KENTUCKIAN GOLD
\$6⁹⁹ LB.

KENNY'S
KEY LIME PIE
9 Inch 24 Oz.
\$10⁹⁹ EA.

AMERICAN
POTATO SALAD
Deli Fresh
\$2⁴⁹ LB.

WATERGATE
SALAD
Deli Fresh
\$5⁹⁹ LB.

MAMA TURNEY'S
CHESS PIE
or Chocolate or Pecan 8"
\$10⁹⁹ EA.

CAFE VALLEY
CAKES
26 Oz. Orange Crush, 7 Up or Louisiana Crunch
\$7⁴⁹ EA.

MAYFIELD SELECT
ICE CREAM
1.5 Quart
Assorted Varieties
\$3⁹⁹

TOTINO'S
PIZZA ROLLS
100 Ct. Pepperoni
or Combination
\$9⁹⁹

Frozen Specials

EGGO
WAFFLES
10 Ct., 10-12.3 Oz. Selected
Varieties or 12 Ct. Pancakes
2 for \$6

PICTSWEET
VEGETABLES
10-14 Oz.
Selected Varieties
2 for \$4

JIMMY DEAN PANCAKES
& SAUSAGE ON A STICK
30 Oz., 12 Ct.
Original or Blueberry
\$8⁴⁹

HOME BAKE
SIDE DISHES
15-22 Oz.
Selected Varieties
\$4⁹⁹

HOME BAKE
MAIN DISHES
19-22 Oz.
Selected Varieties
\$9⁹⁹

OUTSHINE
FRUIT BARS
6-12 Ct.
Selected Varieties
\$3⁹⁹

Dairy Specials

FOOD CLUB
CHEESE
32 Oz. Chunk or Shredded
Selected Varieties
\$6⁹⁹

FOOD CLUB
CINNAMON ROLLS
8 Ct. Original Icing or
Cream Cheese Icing
2 for \$5

FOOD CLUB
SPREAD
45 Oz.
\$3⁴⁹

ALMOND BREEZE
ALMOND MILK
59-64 Oz. Blue Diamond
Selected Varieties
2 for \$7

DAISY SOUR CREAM
OR COTTAGE CHEESE
24 Oz. Original
or 4% or 2%
2 for \$7

I CAN'T BELIEVE
IT'S NOT BUTTER!
8-16 Oz. Selected Varieties or
15 Oz. Brummel & Brown Spread
\$3⁹⁹

BORDEN
CHEESE
10.67-12 Oz. Singles or
5-8 Oz. Selected Varieties
2 for \$5

FOOD CLUB
YOGURT
6 Oz.
Selected Varieties
5 for \$3

Family Favorites

DORITOS
OR RUITOS
6-10.5 Oz.
Selected Varieties
2 for \$8

LEWIS BAKE
SHOP BUNS
8 Ct. Hamburger
or Hot Dog
2 for \$5

ENTENMANN'S
BAG DONUTS
10-10.5 Oz.
Selected Varieties
\$2⁹⁹

THOMAS'
BAGELS
20 Oz.
Selected Varieties
2 for \$6

ENTENMANN'S LITTLE
BITES VALUE PACK
10 Pk.
Selected Varieties
\$6⁹⁹

BLUE BELL ICE CREAM
OR ICE CREAM CUPS
Half Gallon Brown or Gold Rim or NSA
or 12 Pk. Selected Varieties
\$5⁹⁹

LITTLE DEBBIE SINGLE
SERVE SNACKS
2-4.40 Oz.
Selected Varieties
3 for \$5

LITTLE DEBBIE
MINI MUFFINS
8-27-8.44 Oz. Box
Selected Varieties
2 for \$5

POWERADE
SPORTS DRINK
28 Oz. Selected Varieties
5 for \$5

COCA-COLA
PRODUCTS
2 Liter Bottles
2 for \$4⁵⁰
LEBANON
LOCATION ONLY

COCA-COLA
PRODUCTS
6 Pk. 1/2 Liter Bottles
2 for \$8⁹⁹
LEBANON
LOCATION ONLY

MONSTER
ENERGY DRINK
6 Pk. 12 Oz. Cans
\$10⁹⁹

**FOOD CLUB
PEANUT BUTTER**
16 Oz.
Selected Varieties

2 for \$4

**POST MEGA
SIZE CEREAL**
28 Oz. Honey Bunches of Oats Original or
w/Almonds or 27 Oz. Fruity or Cocoa Pebbles

2 for \$10
**FOOD CLUB
TOASTER PASTRIES**
6 Ct., 10 Oz.
Selected Varieties

2 for \$3

**KELLOGG'S
NUTRI GRAIN BARS**
8 Ct.
Selected Varieties

2 for \$7

**WISH-BONE
SALAD DRESSING**
15 Oz.
Selected Varieties

2 for \$5

**BLACKBURN'S OR
FOOD CLUB JELLY**
18 Oz. Mug Apple or Grape or
18-20 Oz. or Spread Selected Varieties

2 for \$4

**HOSTESS
SNACK CAKES**
9-13 Oz.
Selected Varieties

2 for \$5

**BETTY CROCKER
FRUIT SNACKS**
4-8 Oz.
Selected Varieties

2 for \$5

**HEINZ
KETCHUP**
32 Oz.
EZ Squeeze

\$3.99

**GENERAL MILLS
LARGE SIZE CEREAL**
14 Oz. Lucky Charms, 15 Oz. Honey Nut Cheerios,
16 Oz. Reese's Puffs or Cinnamon Toast Crunch
or 12 Oz. Original Cheerios

2 for \$7

**CRAV'N FLAVOR
COOKIES**
11-16 Oz.
Selected Varieties

2 for \$5

**OREO
COOKIES**
9-14 Oz. Nabisco
Selected Varieties

\$3.99

**KRAFT SALAD
DRESSING**
8 Oz.
Selected Varieties

2 for \$4

**JELL-O GELATIN
OR PUDDING MIX**
4-6 Oz. Family Size Selected Varieties or
1.5-2.1 Oz. Sugar Free Vanilla or Chocolate Pudding Mix

3 for \$5

**FOOD CLUB
MUFFIN MIX**
7 Oz. Wildberry, Blueberry or Strawberry
or Fruit Crisp or Cobbler Mix

5 for \$5

**MINUTE
RICE**
14 Oz. White
or Premium

2 for \$5

**MARGARET HOLMES
SEASONED VEGETABLES**
14-15 Oz. Selected Varieties
or 13.5-14 Oz. Popeye Spinach

2 for \$3
**M&M'S SHARING
SIZE CANDIES**
7.4-10 Oz.
Selected Varieties

\$4.99

**MARUCHAN RAMEN
NOODLE SOUP**
12 Pk. Chicken,
Beef or Shrimp

3 for \$10

**KRAFT JALAPEÑO OR
RANCH MAC & CHEESE**
7 Oz. Box, 11 Oz. Family Size Original or
2-2.19 Oz. Easy Mac Cup Original or Velveeta Shells & Cheese

2 for \$3

**MARGARET HOLMES
GREENS OR BEANS**
27 Oz. Seasoned
Selected Varieties

2 for \$5

SENIOR DISCOUNT DAY
WE HAVE LOWERED THE AGE TO 55 & OLDER!!

10% OFF
Off Your Total Purchase
ALL LOCATIONS!
The 1st & 3rd Tuesday Each Month!
EXCLUDES BEER, POSTAGE STAMPS, LOTTERY TICKETS & ALL TOBACCO PRODUCTS


**PEANUT PATCH
BOILED PEANUTS**
13.5 Oz.
Original or Cajun

2 for \$3

**YOO-HOO
CHOCOLATE DRINK**
12 Pk.
11 Oz. Cans

\$6.99

**WESSON
COOKING OIL**
Gallon Canola
or Vegetable

\$11.99
**GAIN LAUNDRY
DETERGENT**
88 Oz. Liquid or 31 Ct. Flings!
Selected Varieties

\$9.99

**CHAMP
DOG FOOD**
12 Lb. Bag
Mini Chunk

\$6.99

**CHAMP
DOG FOOD**
12 Lb. Bag
Mini Chunk

\$6.99

**CHARMIN OR
BOUNTY ESSENTIALS**
18 Mega Rolls Bath Tissue or
12 Double Rolls Paper Towels

\$14.99

**MR. CLEAN
CLEAN FREAK**
16 Oz. Mist
Selected Varieties

\$4.99

**CAT CAFÉ
CAT FOOD**
11 Lb. Bag
Seafood Essentials

\$7.99

**CAT CAFÉ
CAT FOOD**
11 Lb. Bag
Seafood Essentials

\$7.99

**PUFFS
FACIAL TISSUE**
4 Cube Boxes, 224 Ct.
Ultra Soft or Plus Lotion

\$4.99
**SWIFFER
DUSTERS KIT**
1 Ct. Handle With 5 Dusters
or 2 Ct. 360 Starter Kits

\$4.99

**PLUM ORGANICS
BABY FOOD**
4 Oz., Stage 2
Selected Varieties

\$3.99

**PLUM ORGANICS
BABY FOOD**
4 Oz., Stage 2
Selected Varieties

\$3.99

**FEBREZE AIR
FRESHENER**
2 Pk. Small Spaces or
23 Oz. Spray Selected Varieties

\$4.99

Mother's Day

3 DAY SALE

Mike's
FOODLAND #2
1006 N. Cumberland St Lebanon, TN 37087 • 615-449-8293
STORE HOURS: MONDAY-SUNDAY: 7 a.m. - 9 p.m.
FRIDAY- SUNDAY
May 9 - 11, 2025

**KING'S
BACON**
40 Oz.
Hickory Smoked
\$9.99
Ea.



**MRS. GRISSOM'S
SALAD SPREADS**
10-11 Oz.
Selected Varieties
\$2.99
Ea.



**SMOKY FARMS
SAUSAGE PATTIES**
27 Oz., 18 Ct.
2 for \$7



**FOOD CLUB
100%
APPLE JUICE**
96 Oz.
From Concentrate
\$2.99
Ea.



**MAYFIELD
ICE
CREAM**
Pint Select or Sherbet
Assorted Varieties
5 for \$10



**ORE-IDA
CRISPY
CRINKLES**
5 Lb. Bag or Shredded
Hashbrowns or Tater Tots
\$6.99
Ea.



**RUSSET
POTATOES**
5 Lb. Bag
U.S. #1 Colorado

2 for \$3



**CALIFORNIA
STRAWBERRIES**
2 Lb.
Fresh, Sweet

\$4.99
Ea.



**WELCH'S GIANT
FREEZE POPS**
27 Ct. Tropical
or Lemonade

2 for \$9



**DOMINO
SUGAR**
4 Lb. Bag

\$2.99
Ea.



**HAMBURGER
HELPER
VALUE SIZE**
8-10 Oz.
Selected Varieties

2 for \$5



**THANK
YOU FOR
SHOPPING
WITH US!**



**POPSICLE ICE
POPS OR MAGNUM
ICE CREAM BARS**
6-18 Ct. Selected Varieties
or 3 Ct. Double Caramel

\$3.99
Ea.



Due to a daily fluctuation of product and inventory availability, not all flavors, sizes or quantities may be offered for your selection as advertised.

Mother's Day

3 DAY SALE



1006 N. Cumberland St Lebanon, TN 37087 • 615-449-8293

STORE HOURS: MONDAY-SUNDAY: 7 a.m. - 9 p.m.

FRIDAY- SUNDAY

May 9 - 11, 2025

WILLIAMS
SAUSAGE BISCUITS
12 Ct.

\$4²⁹
Ea.



CATFISH
FILLETS
4 Lb.
Random Cut

\$13⁹⁹
Ea.



HONEYCRISP OR
ROCKIT APPLES
2 Lb. Bag
Washington State

\$3⁹⁹
Ea.



TOWN
HOUSE
CRACKERS
8-13 Oz. Kellogg's
Selected Varieties

2 for \$6

Happy Mother's Day



FOOD CLUB
VEGETABLE
OIL
Gallon

\$6⁹⁹
Ea.

Happy Mother's Day



FIORA
BATH TISSUE OR
PAPER TOWELS
12 Double Rolls
or 6 Giant Rolls

\$3⁹⁹
Ea.

Happy Mother's Day



KOOL-AID
JAMMERS
30 Pk.
Variety

\$6⁹⁹
Ea.



KISKO GIANT
FREEZIES
50 Ct.
Assorted

\$6⁹⁹
Ea.



ZESTA
SALTINES
16 Oz.
Original

2 for \$4



FOOD CLUB
SINGLES
12 Oz., 16 Slice American
or American Style

\$1⁸⁸
Ea.



LIBBY'S
VEGETABLES
4 Pk., 15.25 Oz. Cans Cut Green Beans,
Sweet Peas or Whole Kernel Corn

2 for \$7



VELVEETA
CHEESE
2 Lb. Loaf
Original

\$6⁹⁹
Ea.



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